



International Hospital of Bahrain W.L.L.

How Medicine Should Be

	BASIC HEALTH CHECK	EXECUTIVE HEALTH CHECK	WELL WOMAN SCREENING	EXECUTIVE CARDIAC HEALTH CHECK	PRE EMPLOYMENT CHECK	PRE-MARITAL SCREENING	SMOKING CESSATION CLINIC
• Review of Personal & Medical History	•	•	•	•	•	•	
• Complete Physical Examination	•	•	•	•	•	•	
• Questionnaire	•	•	•	•	•	•	
• Evaluation & Consultation with Pulmonologist							•
• Follow-up Consultation	•	•	•	•	•	•	•
• Risk Assessment for Coronary Heart Disease				•			
Laboratory Investigations							
• Blood Group & Rh typing	•	•	•	•	•	•	
• Complete Blood Count	•	•	•	•	•	•	
• ESR	•	•	•	•			
• Fasting Blood Glucose	•	•	•	•			
• G6PD		•	•	•		•	
• Sickling Test		•	•	•			
• Haemoglobin Electrophoresis						•	
• Hepatitis B					•	•	
• Hepatitis C					•	•	
• HIV 1&2		•	•	•	•	•	
• Lipid Profile (Cholesterol, HDL, LDL & Triglycerides)	•	•	•	•			
• Liver Function Tests (Bilirubin, SGPT, Alkaline Phosphatase, Gamma GT)	•	•	•	•			•
• Pap Smear			•				
• PSA		•		•			
• Renal Function Tests (Serum Urea, Electrolytes & Serum Creatinine)	•	•	•	•			
• Rubella Antibodies IgG						•	
• Serum Creatinine Level							•
• Serum Uric Acid	•	•	•	•			
• Stool Analysis & Occult Blood	•	•	•	•	•		
• Treponemal Pallidum Haemagglu TPHA						•	
• Urine (Dipstick & Microscopy)	•	•	•	•	•		
• Venereal Diseases Screen VDRL		•	•	•	•		
• Chest X-ray	•	•	•	•	•		•
• Computerized Mammography			•				•
• ECG	•	•	•	•			•
• Lung Function Test		•	•	•			
• Pulmonary Function Test							•
• Treadmill Stress Testing				•			
• Ultrasound		•	•	•			
PACKAGE	BD 85	BD 142	BD 142	BD 190	BD 45	BD 45	BD 75

BASIC HEALTH CHECK

- Review of Personal & Medical History
- Questionnaire
- Follow-up Consultation

Laboratory Investigations

- Blood Group & Rh typing
- Complete Blood Count
- ESR
- Fasting Blood Glucose
- Lipid Profile (Cholesterol, HDL, LDL & Triglycerides)
- Liver Function Tests (Bilirubin, SGPT, Alkaline Phosphatase, Gamma GT)
- Renal Function Tests (Serum Urea, Electrolytes & Serum Creatinine)
- Serum Uric Acid
- Stool Analysis & Occult Blood
- Urine (Dipstick & Microscopy)
- Chest X-ray
- ECG

PACKAGE 85

EXECUTIVE HEALTH CHECK

- Review of Personal & Medical History
- Complete Physical Examination
- Questionnaire
- Follow-up Consultation

Laboratory Investigations

- Blood Group & Rh typing
- Complete Blood Count
- ESR
- Fasting Blood Glucose
- G6PD
- Sickling Test
- HIV 1&2
- Lipid Profile (Cholesterol, HDL, LDL & Triglycerides)
- Liver Function Tests (Bilirubin, SGPT, Alkaline Phosphatase, Gamma GT)
- PSA
- Renal Function Tests (Serum Urea, Electrolytes & Serum Creatinine)
- Serum Uric Acid
- Stool Analysis & Occult Blood
- Urine (Dipstick & Microscopy)
- Venereal Diseases Screen VDRL
- Chest X-ray
- ECG
- Lung Function Test
- Ultrasound

PACKAGE 142

EXECUTIVE CARDIAC HEALTH CHECK

- Review of Personal & Medical History
- Complete Physical Examination
- Questionnaire
- Follow-up Consultation
- Risk Assessment for Coronary Heart Disease

Laboratory Investigations

- Blood Group & Rh typing
- Complete Blood Count
- ESR
- Fasting Blood Glucose
- G6PD
- Sickling Test
- HIV 1&2
- Lipid Profile (Cholesterol, HDL, LDL & Triglycerides)
- Liver Function Tests (Bilirubin, SGPT, Alkaline Phosphatase, Gamma GT)
- PSA
- Renal Function Tests (Serum Urea, Electrolytes & Serum Creatinine)
- Serum Uric Acid
- Stool Analysis & Occult Blood
- Urine (Dipstick & Microscopy)
- Venereal Diseases Screen VDRL
- Chest X-ray
- ECG
- Lung Function Test
- Treadmill Stress Testing
- Ultrasound

PACKAGE 190

PRE EMPLOYMENT CHECK

- Review of Personal & Medical History
- Questionnaire
- Follow-up Consultation

Laboratory Investigations

- Blood Group & Rh typing
- Complete Blood Count
- Hepatitis B
- Hepatitis C
- HIV 1&2
- Stool Analysis & Occult Blood
- Urine (Dipstick & Microscopy)
- Venereal Diseases Screen VDRL
- Chest X-ray

PACKAGE 45

WELL WOMAN SCREENING

- Review of Personal & Medical History
- Complete Physical Examination
- Questionnaire
- Follow-up Consultation

Laboratory Investigations

- Blood Group & Rh typing
- Complete Blood Count
- ESR
- Fasting Blood Glucose
- G6PD
- Sickling Test
- HIV 1&2
- Lipid Profile (Cholesterol, HDL, LDL & Triglycerides)
- Liver Function Tests (Bilirubin, SGPT, Alkaline Phosphatase, Gamma GT)
- Pap Smear
- Renal Function Tests (Serum Urea, Electrolytes & Serum Creatinine)
- Serum Uric Acid
- Stool Analysis & Occult Blood
- Urine (Dipstick & Microscopy)
- Venereal Diseases Screen VDRL
- Chest X-ray
- Computerized Mammography
- ECG
- Lung Function Test
- Ultrasound

PACKAGE 142

PRE-MARITAL CHECK

- Review of Personal & Medical History
- Complete Physical Examination
- Questionnaire
- Follow-up Consultation

Laboratory Investigations

- Blood Group & Rh typing
- Complete Blood Count
- G6PD
- Haemoglobin Electrophoresis
- Hepatitis B
- Hepatitis C
- HIV 1&2
- Rubella Antibodies IgG
- Treponemal Pallidum Haemagglu TPHA

PACKAGE 45

SMOKING CESSATION CLINIC

- Evaluation & Consultation with Pulmonologist
- Follow-up Consultation

Laboratory Investigations

- Liver Function Tests (Bilirubin, SGPT, Alkaline Phosphatase, Gamma GT)
- Serum Creatinine Level
- Chest X-ray
- ECG
- Pulmonary Function Test

PACKAGE 75

For more information:
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